

## **Blessed Sacrament Catholic School**

S.Y. 2017-2018

## BUDGET OF WORK IN TLE 7

QUARTER: First Semestral

UNIT TOPIC: Food and Food Service

No. of days: 34 days

**Reference/S:** LEAP Series Technology and Livelihood Education

**DIRECTION:** To **student**, kindly indicate the level of your performance in **each** learning target by putting a () **check** in your choice.

TIME FRAME	LEARNING TARGETS	LEVEL OF PERFORMANCE					
		4	3	2	1	0	
Day 1	<ul> <li>Explain basic concepts in cookery</li> <li>Identify &amp; differentiate the different methods of cooking</li> <li>Apply preparation &amp; cooking principles correctly</li> </ul>						
Day 2	<ul><li>Discusses the relevance of the course</li><li>Explores opportunities for cookery as a career</li></ul>						
Day 3	<ul> <li>Utilize appropriate kitchen tools, equipment and paraphernalia</li> <li>Identify types of tools, equipment, and paraphernalia</li> <li>describe the various types of kitchen tools, equipment, and paraphernalia</li> <li>Use of tools and bakery equipment</li> </ul>						
Day 4	PRACTICAL ACTIVITY						
Day 5-7	<ul> <li>know the baking ingredients &amp; their functions</li> <li>use the table of weights &amp; measures accurately</li> <li>carry out measurements and calculations in a required task</li> <li>measure dry&amp; liquid ingredients accurately</li> <li>apply basic mathematical operations in calculating weights</li> <li>familiarize oneself with the table of weights and measures in baking</li> </ul>						
Day 8-9	<ul> <li>Calculate cost of production</li> <li>discuss principles of costing compute cost of production</li> <li>validate computed cost of production</li> <li>recognize considerations in menu planning</li> </ul>						
Day 10	PRACTICAL ACTIVITY						
Day 11	<ul> <li>generate a business idea that relates with a career choice in cookery</li> </ul>						
Day 12-13	Practical activity     Prepare galapong native delicacies						
Day 14-15	PRACTICAL ACTIVITY						
Day 15	<ul> <li>Marketing native delicacies</li> <li>generate a business idea that relates with a career choice in cookery</li> </ul>						
Day 16-17	<ul> <li>Prepare tools &amp; equipment for specific baking purposes</li> <li>Check condition of tools &amp; equipment</li> <li>Measure ingredients according to recipe requirement</li> <li>Perform basic preventive measures and maintenance</li> </ul> PRACTICAL ACTIVITY						
Day 10-20	baking breads and pastries						
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Day 21-22	<ul> <li>Carry out measurements &amp; calculations in a required task</li> <li>Measure ingredients according to recipe requirement</li> </ul>			
	Project Making			
	Other Assessment Task Periodical Examination			

## **LEGEND**:

- **4** I know (can do) it well enough to make connections that weren't taught.
- **3** I know (can do) everything that was taught without making mistakes.
- 2- I know (can do) all the easy parts, but I don't know (can't do) the harder parts.
- 1- With help, I know (can do) some of what was taught.
- 0 I don't know (can't do) any of it.

Prepared by: Approved by:

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